

FAMILY & CONSUMER SCIENCES MARCH NEWSLETTER

Hello, everyone! Spring is in the air! I hope this newsletter finds you well and you are enjoying the warmer days. We have some fun programs happening this month, be sure to check out the flyers/calendar and don't forget to sign up!

Waiting for you inside!

- Homemaker News
- Calendars of Events
- Flyers
- Money Wise Reading

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Daylight savings is March 10th!



Alue Sallie County Extension Agent for Family & Consumer Sciences

Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities accommodated with prior notification.

BATH COUNTY HOMEMAKERS

Lesson

Topic: Radon When: March 4th Time: 12 PM Lunch will be provided. Call the office to register.

Sharpsburg is collecting aluminum can tabs for Ronald McDonald House. Collections are to be dropped off to the office by April 16th.

Contact

If you have any questions about the homemakers association please feel free to reach out to me. My contact information is below: Alex Sallie 606-674-6121 alexandra.sallie@uky.edu

Club Meeting Dates

Bethel Nite: 2nd Thursday at 5 PM

Country @ Heart: Second Monday each month @ 5:30 PM

Hill N' Dale: Third Monday @ 6 PM Ramsey Buidling

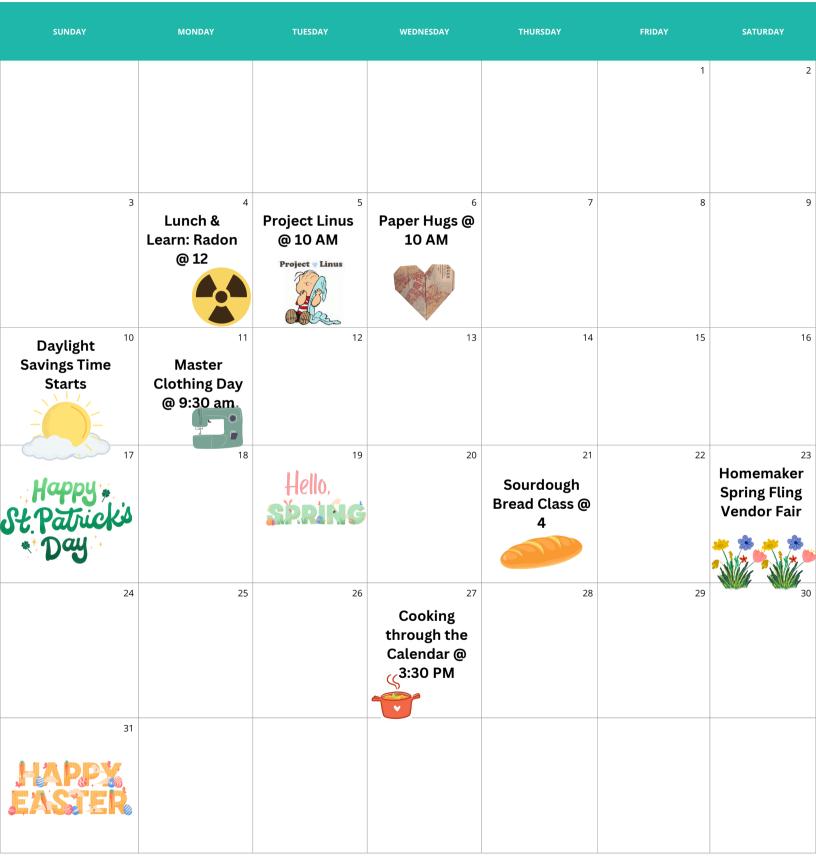
Salt Lick: First Tuesday each month @ 12 PM

Sharpsburg: March 7th @ 11:30 Cookout. Bring brown bag and \$5.

Family and Consumer Sciences Extension Calendar

All meetings/programs are hosted at the Bath Co. Ag Center unless noted otherwise. These programs are for all community members to attend.

March





Has your home, school, or workplace been tested for Radon? Did you know that indoor Radon exposure is prevalent in KY?

Join us for a lunch & learn session all about Radon.

When: March 4th Time: 12 PM Location: Bath County Ag Center Registration is required.

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Simple Sourdough Course

Do you want to learn how to make bread at home?

Join us as we learn the basics of Sourdough Bread. Each person will be able to make their own starter.

Registration is required. Call 606-674-6121.



When: March 21 Time: 4 PM Location: Bath County AG Center

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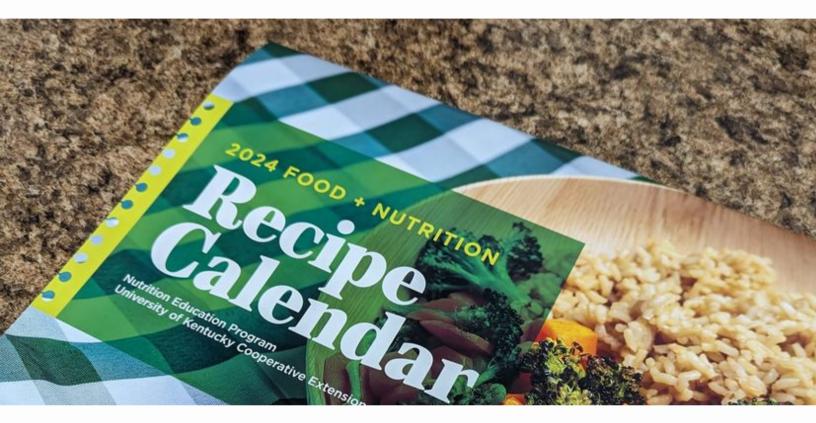
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Cooking Through The Calendar



Join us each month as we learn how to make a new recipe.

Date: March 27th Time: 3:30 PM Location: Bath County AG Center

Join us for a demonstration and taste test



VALUING PEOPLE. VALUING MONEY.

MARCH 2024

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THIS MONTH'S TOPIC: ALLOWANCE: A LIFE SKILL BUILDER

Allowance plays a crucial role in shaping a child's development. It fosters important life skills, instills a sense of responsibility, and promotes financial literacy. Allowance can be a powerful tool for teaching important life lessons.

Allowance is money parents or caregivers give to their children on a regular basis to teach them money management skills. Giving children an allowance is a personal decision for each family that may depend on disposable income or household expectations. Some parents tie allowance to specific chores while others provide a fixed amount each week or month.

FINANCIAL RESPONSIBILITY

One of the main benefits of giving children an allowance is to teach money management. When children receive a fixed amount of money regularly, it is easier to understand how to budget. They learn to save their money for various reasons, such as saving for a desired toy, spending on daily needs such as lunch, or giving to charitable causes. This early exposure to financial decision-making lays the foundation for responsible money management later in life.



WORK ETHIC

Allowance also teaches children the value of hard work. Many parents give allowance for the completion of chores. By associating money with effort, children develop a strong work ethic and understand that rewards are earned through dedication and responsibility. This connection between work and reward prepares children and teens for adulthood.

GOAL SETTING

Allowance is a practical tool for teaching children about goal setting. Whether it's saving for a new toy, a special event, or a longterm investment, children learn to set goals and work toward them. This is a valuable skill that goes beyond financial matters.

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Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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ALLOWANCE ALSO PLAYS A ROLE IN NURTURING EMPATHY AND SOCIAL RESPONSIBILITY.



DECISION-MAKING

Receiving an allowance allows children to make choices about spending. "Do I buy what I can afford today, or do I wait and save more money for the nicer option?" This fosters critical thinking and decisionmaking skills. Children must evaluate their priorities, make trade-offs, and consider the consequences of their choices. Such decision-making experiences contribute to the ability to analyze and solve problems which are essential skills in life.

EMPATHY

Allowance also plays a role in nurturing empathy and social responsibility. Parents can encourage children to give some of their allowance to charitable causes or community projects. This practice can expand a child's understanding of others' needs and teaches them to give back. These early lessons in generosity and compassion create individuals who are mindful of the needs of others.

FINANCIAL LITERACY

As children grow, the lessons learned through allowance provide a foundation for understanding financial literacy concepts. Understanding the basics of budgeting, saving, and making informed financial decisions is crucial in making wise decisions later. Individuals who have been exposed to these concepts through allowance are better equipped to manage money, avoid debt, and plan for their future.

The value of allowance extends far beyond the simple act of receiving money. It is a tool for building life skills, responsibility, and financial literacy. Allowance can contribute to the overall development of children, shaping them into more responsible, thoughtful, and money-wise individuals.

REFERENCES:

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Trautner, T. (2017). The benefits of chores for your child. Michigan State University Extension.

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